

Table of Contents

Introduction	1
Chapter 1: Race and Ethnicity	9
• Anglo-Americans and European Americans.....	11
• Asian Americans and Pacific Islanders.....	14
• Black Americans.....	19
• Hispanic/Latino Americans.....	22
• Indigenous Americans.....	25
• Middle Eastern or Arab Americans.....	28
• South Asian Americans.....	31
Chapter 2: Sexual Orientation and Gender Identity	33
• Sexual Orientation.....	34
• Gender Identity.....	39
Chapter 3: Physical, Psychological, and Developmental and Intellectual Differences	47
• Apparent and Invisible Physical Differences.....	48
• Psychological Differences and Disorders.....	50
• Developmental and Intellectual Differences.....	52
Chapter 4: Religion and Spirituality	55
• Amish.....	56
• Bahá'í Faith.....	58
• Buddhism.....	59
• Christian Science.....	61
• Eastern Orthodoxy.....	62
• Hinduism.....	64
• Indigenous Religions.....	66
• Islam.....	68
• Jainism.....	70
• Jehovah's Witness.....	71
• Judaism.....	72
• Mormonism (Church of Jesus Christ of Latter-day Saints).....	74
• Protestantism.....	75

- Rastafarianism 76
- Roman Catholicism 77
- Seventh-day Adventism..... 79
- Shinto..... 80
- Sikhism 81
- Vodou 83

- Chapter 5: Age and Generation 85**
- Generation Z..... 87
- Millennials 89
- Generation X..... 91
- Baby Boomers 93
- The Silent Generation 95
- The Greatest Generation 97

- Some Final Thoughts 99**